

Acute Inpatient Rehabilitation vs. Skilled Nursing Facilities

REQUIRED BY MEDICARE	INPATIENT ACUTE REHABILITATION <i>(TrustPoint Hospital)</i>	SKILLED NURSING FACILITIES <i>(Nursing Homes)</i>
Close medical supervision by a physician with specialized training	YES – patients are seen by a rehab physician within first 24 hrs. and then at least 3 times/week	No – patients must be seen within the first week and then on a monthly basis
24 hour Rehabilitation Nursing (provided by RN's with specialized training)	YES	No – specialty training is NOT required and 8 daily consecutive hours of RN nursing oversight is required
Patients must require hospital-level care	YES	No
Medical care and therapy provided by a physician led interdisciplinary team	YES – patient progress towards individualized goals is discussed at weekly team conferences	No
Minimum of 3 hours of intensive therapy per day and at least 5 days per week	YES – a minimum of 15 hours/week, provided 6 days/week at TrustPoint Hospital	No minimum requirement - usually 1.5 - 10 hours provided each week
Between 5 and 7 ½ nursing hours per patient per day	YES	No – the standard is usually between 2.5 - 4 hours per day

Distinct Advantages

Readmission rates to general acute hospitals for illness/ injury	9.5%	22.0%
Percentage of patients that are able to return home after discharge	81.1%	45.5%
Average length of stay in the facility	12 days	Often 25 days or longer
Rate of Facility Acquired Infections (including MRSA, pneumonia, and other fungal or bacterial infections)	< 5 %	Around 80 %
Nurse to patient ratio	5:1	Typically 20:1